112/1 ENGLISH Paper 1 July/August 2024 2 hours



# RWENZORI REGION SESEMAT AND ASSHU (RRSA) MOCK EXAMINATIONS

## UGANDA LOWER SECONDARY CERTIFICATE OF EDUCATION ENGLISH LANGUAGE

#### 2 hours

#### INSTRUCTIONS TO CANDIDATES

- ❖ This paper consists of two (2) sections; A and B with four (4) items
- **❖** Section A is **compulsory**
- ❖ Answer one (01) item from section B
- ❖ Answer three (3) items in all

#### **SECTION A**

#### Attempt **all** the items from this section

#### Item 1:

Read the passage below.

#### MENTAL HEALTH

Mental health refers to a state of wellbeing in which an individual realizes his/her own abilities, can cope with the normal stresses of life, work productively and is able to make contribution to his/her own community (according to WHO). It's all about how people think, feel and behave. It's quite absurd that people worldwide are battling with a lot of mental health related issues. These sprout in small buds showcased by the onset of occasional common symptoms that are always taken for granted. These in a long run blossom into mental illnesses.

A condition that affects your thinking, feeling, mood and behavior. These can be occasional or chronic. Types of mental disorders; anxiety, mood swings, eating disorders, personality disorders, impulsive control and addiction disorders among others. These common symptoms should be watched out for to avoid being taken unawares.

Loss of interest. Mentally disturbed people always tend to "get so cold". They easily lose interest in the things that once made sense... one that was once outgoing becomes a loner eventually.

Change in sleeping habits. This is two ways. Others over sleep, feeling intense fatigue, others totally lack sleep. This is basically due to the serious thoughts lingering in the mind.

Un controlled emotions. This is especially showcased by eventual onset of bitterness. People tend to get so rude when their emotional state is not right.

Trouble in concentrating. Many people whose emotions have been altered find it so hard to concentrate and accomplish tasks. Restlessness and agitation come in the picture. Others tend to have changes in eating habits either eating so frequently or complete loss of appetite. Regular crying is also evidenced.

Worst of all suicidal thoughts. This irrational thought makes it seem like death is an escape route from their problems. As a result, it is important that we take charge of our own lives and seek help before the situation runs out of hand.

(Adopted from "Relationships and Emotions ..." Baroque English NLSC)

#### **TASK**

As a student who has attended counselling sessions at your school, you need to talk about mental health to your peers in the community. Using the information, you have read in the text, present a discussion on the symptoms of mental illness to your peers in the community. (Use about 100 words.)

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#### **Item 2:**

#### Read the passage below.

Joel always studied hard and always looked forward to joining S.4. this great achievement had enormous benefits in his school. Little did he know that the serpent hisses where sweet birds sing. Joel a determined young lad, from a Christian family, where he was groomed and nurtured as per the virtues of any traditional Christian family, love, honesty, hard work and above all the fear of the Lord.

Joel was anxious and hardly slept that night... A lot of imaginations, perhaps the fear of the unknown in a secondary school. In fact, he did not know what life had to offer him a head.

Upon reaching school, Joel prayed to God to give him friends that would positively impact his life. This was a virtue he learnt since childhood. Behold his prayers were answered! He was made to share a seat with Tom who was more less like him. However, upon joining S.2, Joel's class teacher changed their sitting position giving him a new colleague Jude. He was a rather contrary character. He invited Joel to his dormitory. That was the beginning of Joel's down fall. He was offered eats and magazines. The magazines were pornographic. At first Joel hesitated but as he turned the pages, he got more attracted and he got enticed to read on. Before he knew it, Jude introduced the innocent boy to drugs. This eventually changed his behavior. The Christian values that he had lived by were quickly forgotten and faded away in a whirl of wind.

Joel's story turned around one fateful Sunday. Whenever the other students gathered in the chapel for prayers, the dual hid behind the dormitory for their usual business. Teacher Bob caught them red handed. There was no escape route as he quickly took them to the staff room. Eventually they were indefinitely suspended from school. With Joel losing his bursary.

(Adopted from "knowing the consequences of some relationship. "Baroque English NLSC).

### TASK

1.	As a teenager and busy student, life has presented very many experiences at your
	disposal. What challenges do students like those in the passage face? (02)
2.	In contemporary society today, many teenagers have lost truck of their set goals
	in life. What led to Joel's eventual downfall?
3.	Reading is a special aspect that helps us discover mysteries. Discuss the different
	ways in which the text has greatly had an impact on you. (04)
4.	

5.	Every time we read we are affected differently. What feeling does the passage
	arouse in you? (04)
6.	Construct a sentence using the words below as used in the passage.
a)	Anxious;

b)	Groomed;
c)	Enormous;
7.	Supply a suitable title to the passage.

#### **SECTION B**

Choose **One** item from this section.

#### Item 3

The patriotism campaign is got another strong wind that is blowing across all the four points of our motherland, Uganda.

Many stakeholders, including government and non-government entities have embraced the golden idea. However, despite the drive, some Ugandans are still ignorant about it. It seems so abstract and distant.

#### **TASK**

As a student who has gone through patriotism training sessions, make a write up showing what should be done to motivate the remaining cluster citizens to embrace patriotism.

#### Item 4

In the recent years, we have vividly evidenced Mother Nature angrily wage a furious war against humanity.

The excessive heating up of the earth, prolonged draught, destructive floods and mudslides etc., have clearly proved it that man suffers the outcome of his actions. (Adopted from Environment and pollution. Longman English language, Pearson)

#### **TASK**

Design a message to create awareness about the causes of environmental degradation.

**END**